



# Journey INTO MANHOOD

A N E X P E R I E N T I A L W E E K E N D

Men supporting each other in addressing our same-sex attractions in affirming ways that align with our faith, values, morals, & life goals.

## ► What is Journey Into Manhood?

Journey Into Manhood is our peer-led, 48-hour experiential weekend of self-exploration, brotherhood, personal growth and inner healing.

It is designed especially for men to address distress over their same-sex attractions (SSA) — specifically, feelings or behaviors that are out of alignment with their faith, values, morals, self-identity or life goals.

But Journey Into Manhood is also appropriate for any man, regardless of his sexuality, who wants to address unresolved issues around men and masculinity.

## ► Who Is Brothers Road?

Men supporting each other in addressing our same-sex attractions in affirming ways that align with our faith, values, morals and life goals.

## ► Core Principles: A M.A.N.S. Journey

**Masculinity**—You are man enough. You belong among the men.

**Authenticity**—Explore your true feelings. Heal underlying pain. You have brothers who know accept you just as you are.

**Needs Fulfillment**—Authentic core needs include brotherly love, affirmation, community, and self-acceptance. (Sex can be a strong drive or urge, but it's not a core need!)

**Surrender**—Let go of harmful beliefs and behaviors, past hurts and resentments. Open your heart to a Higher Power.

## ► It is not enough to repress strong feelings. Willpower doesn't normally work forever. Shame is harmful and never motivates lasting change.

Instead, we help you uncover underlying issues or unmet needs that may be driving you toward unwanted or unhealthy thoughts, feelings or behaviors. We introduce you to meeting core needs in healthy, non-sexual—and even life-changing—ways.

We affirm that you are good and valuable just as you are—AND you can become the man you feel called to be and live the life you feel called to live.



## JIM Weekends:

**Mexico (near Mexico City)**  
August 23 to 25, 2019

**Indiana**  
September 20 to 22, 2019

**Texas**  
October 25 to 27, 2019

**Poland**  
October 25 to 27, 2019

**Utah**  
November 8 to 10, 2019

Learn More

[www.brothersroad.org/jim/](http://www.brothersroad.org/jim/)

(also see our FAQ)

A Woman WHO  
LOVES

See also our program for  
wives and other women.

[www.brothersroad.org/  
womanwholoves](http://www.brothersroad.org/womanwholoves)